



Greater Sudbury Ball Hockey League Official Rules & Regulations 2024

The Greater Sudbury Ball Hockey League follows the Canadian Ball Hockey Association Rulebook with addition of the following rules and regulations:

R1: Equipment Requirements

All Greater Sudbury Ball Hockey League participants must wear a CSA approved helmet (valid CSA certification), ball hockey, ice hockey or lacrosse gloves, running shoes, and shin pads (either soccer or full-size approved ball hockey shin pads). Any player without the sufficient equipment will not be allowed to play, NO exceptions.

R2: Alcohol and Drug Policy

The Greater Sudbury Ball Hockey League has a zero-tolerance policy for alcohol and drugs. Any player who is found intoxicated, high, smelling of alcohol or drugs will be removed from the playing surface and asked to leave the premises. Further supplementary discipline could be enforced pending a league review.

R3: Call Up System

Each team is allowed 4 call up players (3 F/D + 1G) in the result that you are short players (1 callup = 1 missing player, maximum of 4 call ups). The call ups for each team MUST be registered with the team no later than May 27, 2024. The team representative must pay the \$14 insurance fee per callup player before the May 27, 2024 deadline. Each callup must complete a registration form on the Greater Sudbury Ball Hockey League website prior to playing their first game.

- a. Anyone who plays without insurance or a waiver form will be removed from the floor immediately and will be suspended indefinite pending a league review. The team representative will also be suspended for 5 games.
- b. Team representatives will also be responsible for making sure the call up either has a matching jersey or a color matched shirt.
- c. Callup players must pay their \$20 per game fee one hour prior to the start of the game otherwise the callup is ineligible to play. (e-Transfer ONLY to payments@gsbhl.com).

R4: Abuse of Official

The Greater Sudbury Ball Hockey League has a zero tolerance for players or spectators abusing either on-floor officials or league officials. Players or spectators found abusing any official will be penalized accordingly. Further to that, the league will perform a review and determine if additional supplementary discipline needs to be enforced.

R5: Suspensions

All suspensions are dealt with by the Referee In Chief. In the event an incident takes place on the floor and a player is given a game misconduct the referees will fill out an incident report that will be provided to the referee in chief. At that point the referee in chief will make a decision within 48 hours of the game if any suspensions will be given out. Subsequently, players who are suspended are NOT allowed to attend any games in any circumstance.

R6: Fighting

The Greater Sudbury Ball Hockey League has a ZERO tolerance for fighting in any manner. Anyone engaged in a fight will be ejected from the game. Any player “declared to be the aggressor during the fight or consenting parties” will receive a minimum 1 calendar year suspension. All fighting incidents will be reviewed by the referee in chief.

R7: Regular Season Format

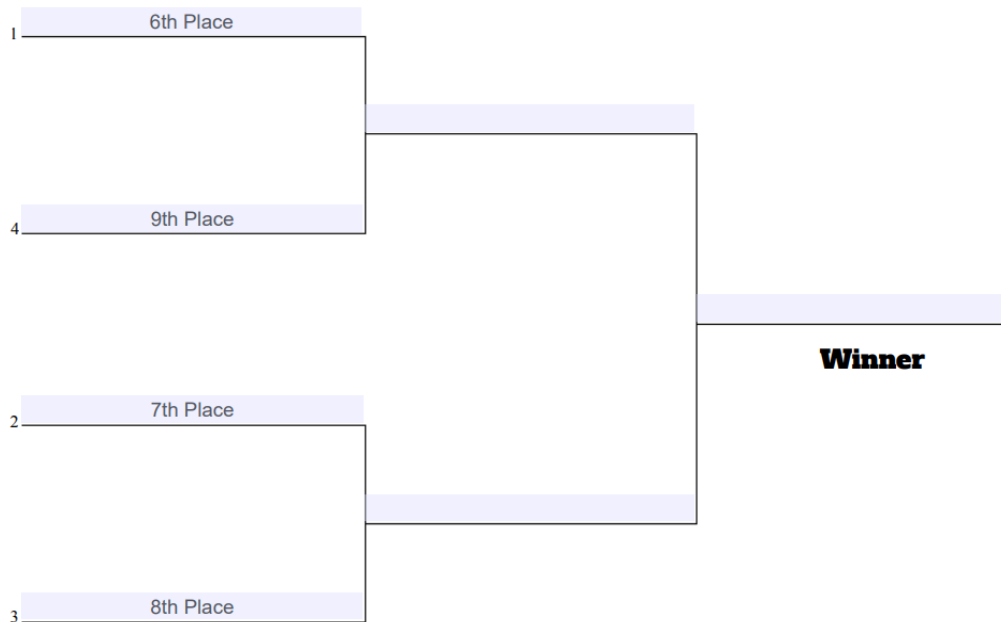
The Greater Sudbury Ball Hockey League has nine teams for the 2024 season. Every team will play each other once to begin the season. After that we will split into an A & B division (5 A teams & 4 B teams). Every team inside their respective division will then proceed to play each other once. Upon completion, the top team in B will play the bottom team in A in a one game take all to either swap positions or stay in their current division. The regular season will conclude with each team playing the teams in their respective divisions once more before playoffs.

R8: Playoff Format

A Division



B Division



All playoff series are best of three games. Both A and B have consolation finals. Please refer to the schedule for more information.

R9: Period Length

All games are 3 ten minute periods of stop time. There will be no overtime or shootout in regular season play. All games ending in a tie during the playoffs will begin with a 4 on 4 5 minute period followed by a 3 on 3 5 minute period and so forth.

R10: Warmup Balls

Every team must provide their own warmup balls. The Greater Sudbury Ball Hockey League will not be responsible for providing any team with warmup balls.

R11: Gamesheet

The team captain or elected team representative must fill out the game sheet prior to the game start. Gamesheets for all games will be pre populated by the league. You will ensure that you cross out each player who is not in the lineup for the game. For any call ups make sure to put their jersey number beside their name on the scoresheet.

R12: Captains/Alternates

Each team is allowed one captain and a maximum of three alternates. These are the only players allowed to speak to the referees.

R13: Slap Shots

There are no slap shots allowed in the Greater Sudbury Ball Hockey League. Slap shots are considered above the waist.

R14: Stick Infractions

A four-minute penalty will be assessed to any player who commits any of the following infractions: Butt Ending, Cross-Checking, Head Butting, Head Contact, High Sticking, Slashing, and Spearing. When such a penalty is assessed, the penalized player will be required to serve the full 4 minutes of penalty time before returning to the playing surface. Should the opposing team score a power play goal as a result of the 4-minute minor penalty the penalty will be over, but the player will serve the remaining time like a misconduct penalty and return to the playing surface at the first stoppage of play once the time has expired.

R15: Dressing Rooms

All teams are asked to treat the City of Sudbury arenas with respect. It is also encouraged that each team locks their dressing room. The Greater Sudbury Ball Hockey League is not responsible for any lost or stolen items.

R16: Spirit/ Travesty of the Game

All players are expected to treat teammates, coaches, referees, opponents, spectators, and members of the league committee with respect and courtesy. Abuse language and unsportsmanlike behavior will not be tolerated. This includes excessive arguing with or heckling referees, opposing players, coaches, and/or spectators. No throwing or abuse of equipment will be tolerated, and no violent behavior of any kind will be permitted. In short, treat others with respect and respect the game.

R17: Spectators

Spectators are asked to watch game play behind the glass and not in the open player area. The Greater Sudbury Ball Hockey League is not responsible for any damage or harm to spectators.

R18: Statistics

Game data will be posted to the Greater Sudbury Ball Hockey League website at the end of the week. Any discrepancies with the statistics will not be fixed, it is the team representative's responsibility to ensure the game sheet is finalized after the game with the timekeeper and referees.

R19: Provincials

The winning team is granted the option to represent the Greater Sudbury Ball Hockey League at provincials. Any other team wanting to participate MUST get permission from the Greater Sudbury Ball Hockey League before entering.

R20: Timeouts

Every team is allowed one thirty second timeout per period.

R21: Hand Shake

Teams are to shake hands before each game. In the playoffs, teams will wait until the series is completed to shake hands.

R22: Inadvertent High Sticks & Slapshots

Any play that involves the ball being high sticked or a slap shot will be whistled down and moved down to the team's defensive zone who committed the infraction.